

**SUMPTER
SENIOR
CENTER**

March 2010

**MONDAY
thru
FRIDAY**

**23501 Sumpter Rd
734 461-9373**

9:00a.m.-4:00p.m.

Mon	Tue	Wed	Thu	Fri
<i>1. MiCafe Appts</i>	<i>2. Stretch & tone 10:00 Non denom Bible Study 10:30 P.O. Bldng Quilting/sewing projects 11-4 2 stop shop 1-3:00</i>	<i>3. Upholstery 6-9:00p.m.</i>	<i>4. Stretch & tone 10:30 Penny Pokeno 12:30 Ceramics 1-3:00</i>	<i>5. Lunch @ World 10:00 \$2 Trans fee 3 Bro's Rest</i>
<i>8. River Rouge Factory Tour Depart 10:15 Trans fee \$5 Bring lunch \$- eat out 1st (see off on details how to get free tkts0 \$14 srs</i>	<i>9. Stretch & tone 10:00 Bible Study 10:30 2 stop shop 1-3:00 Quilt/sew 11-4 Blood pressures w/Nurse Becky 11-1:00</i>	<i>10. Rescheduled Home & Eq- uity Fraud Schemes w/Atty Gen. Off 12:30 Upholstery 6-9:00p.m</i>	<i>11. Stretch & tone 10:00 Ceramics 1-3:00 Penny Pokeno HVA Huron Valley Ambulance 12:30 Services offered eg: non ER transportation , Lifelink</i>	<i>12.</i>
<i>15. MiCafe Appts</i>	<i>16. Stretch & tone 10:00 Quilt/sew 11-4 Bible Study 10:30 2 stop shop 1-3:00</i>	<i>17. St. Pat's Day: corn beef & cab- bage is on the menu & "special guest" Balladeer Pete O'Buhr 12:30 Life Sign sign ups Podiatrist Dr. Redmond 10:00 art room 1st come, 1st served Upholstery 6-9p.m.</i>	<i>18. Focus Hope/Commodities 8:30-11:30a.m. White Elephant Bingo 12:30 Comprehensive Home Care 12:30, dessert & raffle</i>	<i>19.</i>
<i>22. RSVP due for Lunch w/Bob on 25th MiCafe Appts</i>	<i>23. Stretch & tone 10:00 Bible Study 10:30 Quilt/sew 11-4:00 2 stop shop 1-3:00</i>	<i>24. Upholstery 6-9p.m.</i>	<i>25. Lunch w/Wayne Cty Exec Bob Ficano 11:30-3:00 Bingo, Raffle & more Free must be pre reg by 3-22</i>	<i>26.</i>
<i>29. Birthday Bingo 12:30 Sponsored by Home Instead</i>	<i>30. Stretch & tone Bible Study 2 stop shop Quilt/sew</i>	<i>31. Wear your Easter Bonnet We'll have an "Easter Pa- rade" after lunch</i>		