



Sumpter Senior  
Center  
23501 Sumpter Rd.  
734-461-9373

Regularly scheduled Programs/Activities  
Sumpter Seniors for  
Feb., March, April & May, 2012



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Penny Pokeno 12:30</p> <p>Ping Pong 12:30</p>	<p>Stretch &amp; tone 10:00</p> <p>Bible Study Post Off. 10:30</p> <p>Quilting/Sew 10 am</p> <p>2 stop shopping 1-3:00</p> <p>50/50 Raffle</p>	<p>Wii Bowling 10:15 am</p> <p>Upholstery 6 pm to 9 pm</p>	<p>Penny Pokeno 12:30</p> <p>Stretch &amp; Tone 10 am &amp; 12:30 pm</p> <p>Quilt &amp; Sew 10 am</p> <p>Ceramics 1 pm</p>	<p>Office Work—</p> <p>No van service</p> <p>(1st Fri. of each month)</p>
<b>MICAFE APPOINTMENTS AVAILABLE—MONDAY, TUESDAY &amp; WEDNESDAY</b>				
<p>Penny Pokeno 12:30</p> <p>Ping Pong 12:30</p>	<p>Stretch &amp; tone 10:00</p> <p>Bible Study Post Off. 10:30</p> <p>2 stop shopping 1-3:00</p> <p>Quilt/sew 10 am</p> <p>**Blood pres .w/Nurse Becky 11-1:00**</p>	<p>Wii Bowling 10:15 am</p> <p>Upholstery 6 pm to 9 pm</p>	<p><u>Lunch Around The World -</u></p> <p>(Second Thursday Each Month)</p> <p>Penny Pokeno 12:30</p> <p>Stretch &amp; Tone 10 am &amp; 12:30 pm</p> <p>Quilt &amp; Sew 10 am Ceramics 1 pm</p>	
<p><b>Shopping 3rd Monday Monthly</b></p> <p>Penny Pokeno 12:30</p> <p>Ping Pong 12:30</p>	<p>Stretch &amp; tone 10:00</p> <p>Quilt/sew 10 am</p> <p>Bible Study 10:30</p> <p>2 stop shopping 1-3:00</p>	<p>Wii Bowling 10:15 am</p> <p>Foot Doctor 10 am until all served (only 3rd Wed. of each month)</p> <p>Upholstery 6 pm to 9 pm</p>	<p>Focus Hope /Commodities 8:30—11:30 am</p> <p>Stretch &amp; Tone 10 am &amp; 12:30 pm</p> <p>White Elephant Bingo 12:30 (Only 3rd Thursday of month)</p> <p>Ceramics 1 pm</p>	 <p><b>Focus: HOPE</b> Celebrating Diversity Since 1968</p>
<p>Penny Pokeno 12:30</p> <p>Ping Pong 12:30</p>	<p>Stretch &amp; tone 10:00</p> <p>Bible Study 10:30</p> <p>Quilt/sew 10 am</p> <p>2 stop shopping 1-3:00</p> <p>Computers with Jan 12:30 (call for appt.)</p>	<p>Wii Bowling 10:15 am</p> <p>Upholstery 6 pm to 9 pm</p> <p>Computers with Jan 12:30 (call for appt.)</p>	<p>Quilt &amp; Sew 10 am</p> <p>Stretch &amp; Tone 10 am &amp; 12:30 pm</p> <p>Penny Pokeno 12:30</p> <p>Ceramics 1 pm</p>	<p>IF VAN BUREN SCHOOLS ARE CLOSED, THE CENTER IS CLOSED.</p>
<p>Birth day BINGO</p> <p>Sponsored by _____</p> <p>Last Monday of each month</p> <p>Penny Pokeno 12:30</p> <p>Ping Pong 12:30</p>	<p>Stretch &amp; tone 10:00</p> <p>Bible Study 10:30</p> <p>Quilt/sew 10 am</p> <p>2 stop shopping 1-3:00</p>	<p>Wii Bowling 10:15 am</p> <p>Upholstery 6 pm to 9 pm</p>		<p>The Senior Center sponsored in part by:</p>  <p>The Senior Alliance. Area Agency on Aging 1-C</p>